The images associated with childhood form my visual language and the topics discussed have grown and changed throughout the years. I originally studied as a painter but, apart from the occasional portrait, my main practice is now that of a printmaker who specialises in steel plate, colour inked etchings: all the inks are applied and printed in one pull only. This is quite a specialised and time-consuming process, but the result is mellow and warm.

Within an investigation of Jung's psychology, and of philosophy in general, my recent enquiries have revolved around a perceived need for us to look inside, recognise any ‘shadow’ sides, understand them and, hopefully, realise some form of peace through inner reconciliation. By drawing on many years of social projects within communities and utilising different languages within the pieces themselves I have endeavoured to express the notion of our being one people who face similar life challenges and that whilst we are continually engaged in personal firefighting there can be no opportunity for us to consider the bigger questions of what and why.

Current works involve discussions around recognising how difficult simply navigating a life path can be, questioning the value and length of our existence and highlighting the role of women within society. Drawing on Jung's writings and then following this questioning thread back through time has, for me, evidenced the importance of symbols and visual communication itself throughout history and I am proud to follow in this tradition.

Hopefully my ideas and resultant work will continue to evolve as I learn but they will always come from the perspective of a woman and a mother, and they are also fundamentally feminist in nature.